ABRAHAM HAROLD MASLOW (1908 - 1970) was an American psychologist known as one of the founders and principal exponents of humanistic psychology, a psychological current that advocates the existence of a basic human tendency toward mental health, which would manifest as a

series of ongoing processes of self-actualization and search self-realization.



SELF-REALIZATION



ESTEEM

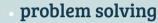


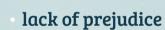
BELONGING











acceptance of acts



confidence

achievement

respect for self and of others



family

sexual intimacy







SAFETY

- security of body
- of employment
- of resources
- · of the family
- · of health
- of property





- breathing
- food
- water
- sex sleep
- homeostasis
- excretion

Sources: Wikipedia, http://www.flickr.com/photos/77813293@N00/4926795330/









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